



KITTY'S BID TO GET THE NATION BAKING

If you've always fancied baking bread, now's your chance. Kitty Tait, the teenage baker behind bestselling book *Breadsong: How Baking Changed Our Lives*, is launching kits to make the process swift, easy and economical.

Kitty's Kits are available from next month at kittyskits.co.uk, with all you need for a no-knead, no-mess loaf. Mix the pre-weighed ingredients with water, then leave overnight and wake to ready-to-bake dough.

Profits go to Kitty's Breaducation scheme, providing free breadmaking

kits and baking classes for schools.

Kitty took up baking with dad Al as a means of coping with anxiety, and says homemade bread benefits people, planet and pocket – baking a single loaf costs just 10p in electricity. “We all need good bread, and the only thing better than eating it is baking it yourself,” she says.

Alice Ryan

NICE SLICE Kitty and father Al (top)

